

CHANGING LIVES

Changing Lives Service Description

GAP (Girls are Proud) – we deliver a project for women who are sex working (including survival sex work / opportunistic sex work and escorting) or those at risk of sexual exploitation.

The support we offer is assertive outreach, working with women in the community, adopting a refer and accompany approach to support women to engage/re-engage with services around health and wellbeing. Support is emotional and practical and we work with women for as long as needed.

In addition to 1-2-1 work, we also run weekly drop-ins and deliver DBT to women around managing their emotions.

GAP services run in Sunderland, Durham, South Tyneside, Gateshead and Newcastle.

MAP (Male Action Project) – We deliver a project in Newcastle and Gateshead to men who are sex working (including survival sex work / opportunistic sex work and escorting) or those at risk of sexual exploitation.

The support we offer is assertive outreach, working with men in the community, adopting a refer and accompany approach to support men to engage/re-engage with services around health and wellbeing. Support is emotional and practical and we work with men for as long as needed.

The team also conduct night outreach to engage potential clients at cruising sights and to encourage safe sex and risk management through giving out information packs and condoms.

Sunderland Outreach (Homeless, Multiple & Complex Needs) – we have projects in Sunderland working with clients who are homeless (rough sleepers, street homeless, those in temp accommodation, those sofa surfing, those with no fixed abode) and may have multiple and complex needs.

We work in an assertive outreach way, engaging and re-engaging clients with services to promote their health and wellbeing through a refer and accompany process. Many clients have experience of chronic exclusion and an entrenched lifestyle so we work with clients for as long as needed. We support clients to identify and secure accommodation and address their needs.

The service is peer led, with many workers having personal experience of homelessness or multiple and complex needs.

Early morning outreach to identify rough sleepers, group activities and a dedicated homeless veteran group is also part of the service.